



*Loch Aluinn*

— Bed & Breakfast —

## **Breakfast Menu**

Traditional Hamlyn's of Banff Oatmeal Porridge with Milk from Scottish Dairies  
Buffet Choice of Cereals served with Fresh Local and Perthshire Fruits when in  
season along with choice of Rowan Glen Fruit Yoghurts from Newton Stewart

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Traditional MacSween Haggis, from Edinburgh with Lochalsh Butcher's Beef  
Sausages, Stornoway Black Pudding, Scottish Back Bacon, Scottish Tomatoes  
when in Season, and choice of scrambled or fried egg from our own free range  
hens

Vegetarian Substitutes: Vegetarian Sausages and MacSween Vegetarian Haggis  
from Edinburgh

Scrambled Eggs with Grilled Tomato  
Heinz Baked Beans with poached eggs.

Cheese Toasties with Orkney or Lockerbie Cheddar Cheese as available with  
Grilled Tomato and fried Egg

Portree Hand Smoked Haddock with Poached Egg and Grilled Tomato

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Freshly Ground and Brewed Fair Trade Coffee  
Fair Trade Tea, including Earl Grey  
Selection of Fair Trade Fruit and Herbal Teas  
Decaf Coffee and Tea

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Brown and White Toast and Orkney or Edinburgh Oatcakes as available served  
with Marmalade, Fruit Preserves and Scottish Heather Honey